## Greenwin is pleased to present...



## Healthy Hearts. Healthy Employees.

We encourage you to re-energize your mind and your heart.

Walk for your wellness!

To kick off our new program, Kris will be pumping her heart on *Wednesday, November 7<sup>th</sup> at 3pm!* 

WHEN: Every Wednesday

TIME: Morning, noon or afternoon – 15 minutes that work for you!

WHERE: Anywhere you like!

WHY: Because it's good for you.

Greenwin Inc.

